

Lockdown Exeter link: <https://www.lockdownexeter.co.uk/groceries.html>

National supermarket & food distribution list for vulnerable people: <https://drive.google.com/file/d/1SlpvfywO2m3gKOutCL4BJoVw6bxyF0S/view>

Business	Goods	Free Food	Hot Food Deliveries	Ward / City Wide	Address	Tel number	How to contact	other info	Payment over phone (where known)
New Inn	Takeaway Pub Meals Weds- Sun		YES	Alphington	Church Road	01392 204994	Phone	https://www.newinnalphington.com/wp-content/uploads/2020/03/newinn-takeaway-menu-delivery.pdf	Yes
Shillingford Organics	Veg boxes, dairy etc			Alphington	Shillingford		Website	No new customers but anyone already registered can get a weekly delivery. https://www.shillingfordorganics.co.uk/	
Ebdons Refreshments	Cafe/deli food		YES (3 miles)	Duryard & St James	Sidwell Street	01392 758140	Website / phone	Delivery Fri evening 5-7pm, order by midday Friday. Delivery charge £2 for orders under £10, free for orders over £10. https://www.ebdonsrefreshments.com/shop	
Agricultural Inn	Fruit/veg/dairy/fish/meat/ready meals		YES	Exeter	Bramford Speke		hello@agriculturalinn.co.uk	Groceries: order by 4pm Mon/Thur for next day delivery. Takeaway Wed-Sun: free delivery locally (£13 min) otherwise £3 (£15 min). https://agriculturalinn.co.uk/	Yes
Alimento	Microwave meals			Exeter	Online	0800 083 4446	Phone / website	Online food service delivering soft food for people with mild swallowing difficulties. Delivers Tuesday and Saturday - 2 business days after ordering. https://alimento.co.uk/collections/meals	
Arcade Exeter	Cooked food, beer, cider, cocktails		YES	Exeter	Fore Street	01392 757459	Phone / email / Facebook.	Min order £15, delivery £2. See Facebook for menu. 12-11pm, 7 days a week. exeterarcadebookings@gmail.com	
Bake Free	Cakes, brownies			Exeter			https://www.facebook.com/bakefreeuk/	£15 min order. Prepay via Sumup.	
Bella Italia	Italian food		YES	Exeter	Queen Street		Website	Delivery or click & collect. https://www.bellaitalia.co.uk/takeaway	
Belluno Italian Restaurant	Italian food		YES	Exeter	Newton St Cyres	01392 851811	Phone	Deliveries within 6 miles of Newton St Cyres. Min order £20. 5-9pm. For menus see: https://www.bellunonewton.co.uk/	
Bernaville Nursery	Pet Food, Veg plants and Compost			Exeter	Cowley	01392 851326	Phone / email	Deliveries within 6 miles (£30 min) or collect from the car park. Email: audrey.jackson@bernaville.co.uk . https://bernaville.co.uk/	Yes
Caterfood	General groceries			Exeter	Online	01803 664422	Phone	Download brochure, call company and read out codes then you will be passed to someone for payment. Delivery usually within one or two days. Supplier to catering businesses so packs may be larger than retail. https://www.caterfood.co.uk/	Yes

Chuckle Cakes	Cakes			Exeter		07876 798499	Phone / email / Facebook	Orders by 5pm Weds for delivery Friday to Heavitree, Countess Wear, City Centre, St Thomas, Alphington and Exwick. 10% donation to Age UK Exeter. Payment by PayPal or bank transfer. kath@chucklecakes.co.uk	
Cork & Tile Portuguese Restaurant	Portuguese food		YES	Exeter	Gandy Street	01392 491649	Phone	Delivery within 4 miles of Exeter City Centre is free, 4-7 miles is £5. https://www.facebook.com/thecorkandtile/	Yes
Country Cheeses	Cheese			Exeter	Topsham	01837 840684	info@countrycheeses.co.uk	Delivery on Wednesdays. Min order £10 Topsham, £15 elsewhere.	Yes
Daddy D's Kitchen	Caribbean food			Exeter			https://en-gb.facebook.com/backyardfood/	Deliver weekly Friday afternoon. Chilled ready for heating or freezing.	
Dart Fresh Produce	Mixed			Exeter	Clyst St George	01392 873036	sales@dartfreshproduce.co.uk	Call before 1pm for next day delivery. https://www.dartfreshproduce.co.uk/	Yes
Darts Farm	Mixed Food Boxes			Exeter	Topsham	01392 878209 / 878242 / 878205	Phone / website	Place online order and will deliver locally (or collect from car park). Or email shopping list with address and phone number. Free home delivery for over 70s. https://www.dartsfarm.co.uk/	Yes
Denleys Essence of India	Indian Takeaway		YES	Exeter	Topsham	01392 875675	Phone	Delivery charges apply. Payment over phone or bank transfer. https://www.denleysessenceofindia.co.uk/	Yes
Devon Fresh Foods	Meals to reheat at home			Exeter		01395 267540	Phone / email / website	Order by 5pm Sat for free delivery on Monday in sterile packaging. Min order £10. Weekly changing menu. info@devonfreshfoods.co.uk	Yes
Devon Quality Fish	Fresh fish & seafood			Exeter	Exmouth	01395 266000	DQFexmouth@yahoo.co.uk	Free home delivery. Call or email. Prepared & vac packed for freezer.	
Ducky Delish	Meals to reheat at home			Exeter		01626 859064 / 07896 258403	Phone	Call 9.30am - 12.00pm for delivery the following day. Menu varies daily - info on website. https://duckydelish.co.uk/	
Dunn's Dairy	Milk & groceries			Exeter	Drewsteignton	01647 231452	Phone / email / website	Deliveries twice a week, by 7.30am. sales@dunnsdairyfarm.co.uk https://dunnsdairyfarm.co.uk/	Yes
Eat Your Greens	Fruit/veg/meat boxes			Exeter	Sidwell Street	01392 254459	Phone	Boxes from £20. Free delivery. Order before 3pm for same day delivery. Cash on delivery. https://eatyourgreensexeter.co.uk/	
Exe Catering	Microwave meals			Exeter	Online	01392 215707	Website / phone	Order online or call. Delivery charges may apply depending on order size and location. Free to City Centre & Marsh Barton. http://www.thesandwichshopexeter.co.uk/work-home-delivery.html	

Exeter Communities Together	Free food for those in hardship - frozen meals & essentials	FREE		Exeter	Exeter	07767 407072 / 07403 226668 / 07596 144351	Phone / Online	For the elderly, vulnerable, keyworkers & those struggling. Contact the day before, between 11.00am and 3.00pm via phone, text, WhatsApp, Facebook Messenger or Instagram DM. https://www.exetercommunitiestogether.org.uk/coronavirus-hardship-relief	
Exeter Foodbank	Free food for those who have little or no money to buy food.	FREE		Exeter	The Beacon Centre		info@exeterfoodbank.org.uk	From Fri 22 May, 10 am-12 noon. Voucher/code required - contact info@exeterfoodbank.org.uk to find out how to be referred. People will be given a box of food and will pass through a one way system.	
Exeter Mosque	Support			Exeter	Exeter	07943 738699	enquiries@exetermosque.org.uk	Help with shopping, food & supplies.	
Fast and Fresh	Burgers, chips, sweets		YES	Exeter		07818 825332	Phone	Free delivery over £15. Contactless payment or cash. Open 14.00 - 21.00, 7 days a week. More info on Fast & Fresh Facebook page: https://www.facebook.com/fastnfresh123	
Fish & Chips at Polsloe Bridge	Fish & chips, sausages, pies		YES	Exeter	Pinhoe Rd	01392 271 547	Collection - phone, Delivery - Just Eat	Thu, Fri, Sat and Sun, 5.00pm - 8.00pm. Call for collection. Deliveries: https://www.just-eat.co.uk/restaurants-fishandchipsatpolsloebridge-exeter/menu	
Fishes	Fish boxes			Exeter	Wardrew Rd	01392 274340	fishesltd@yahoo.co.uk	Call or email. Payment by bank transfer.	
Foodcycle	Free food parcel deliveries for those in need	FREE		Exeter	Wonford	0207 7292 775	Online	For the vulnerable and/or homeless. Fill in online form (can be done by someone on your behalf), select type of cooking facilities you have and they will try to match food to your location/circumstances. Food donated by the community. https://volunteer.foodcycle.org.uk/referral?fbclid=IwAR1P9_wa3IYIBuSnLebTfQNZga83plZ04Yzb2RQD81aJL1JUcCrs2-8BoGc	
Fresh Fruit & Vegetable Hamper Deliveries	Fruit/veg/essentials/ treats boxes			Exeter		07891 919504	Phone	See Facebook page for hamper contents. Deliver to Exeter on Wednesday mornings. https://www.facebook.com/Fresh-fruit-and-vegetable-hamper-deliveries-107051060950948	
Gays Creamery	Dairy, pasties, cakes, essentials			Exeter		01626 863341.	Phone or Facebook	Min order £30.	Yes
Georgie Porgie's Puddings	Sponges & puddings			Exeter			https://www.georgieporgiespuddings.co.uk/	Free delivery over £15.	
Gibbins Quality Meats	Meat/veg boxes, cheese			Exeter	Exhibition Way	01392 204898	Phone / website	Delivery Mon/Wed/Fri. Free delivery over £40 to: EX1-EX17, TQ1-TQ5, TQ10-TQ14, PL1-PL9 & PL21. https://www.gibbinsqualitymeats.co.uk/	
Gourmet Peri Peri	Peri Peri takeaway		YES	Exeter	Sidwell Street		Website	https://gourmetperiperiexeter.com/index.php	

Greendale Farm	Mixed			Exeter	Sidmouth Road		Website	Delivery from EX1-EX15. 1 week lead time. Free over £75, otherwise £4.95. Plus Click & Collect. https://www.greendale.com/	
Gribbles Butchers	Meat			Exeter	Ivybridge	01752 893030	Website / phone	Exeter shop at Emma's Boatyard Bakery and Cafe, Quay. Order online or by phone. Delivery to doorstep. Minimum order £30 for free delivery. Deliver to EX1 and EX2. http://www.gribblesbutchers.co.uk/	
Hartnell Fresh Foods	Meat & Veg			Exeter	Longbrook Street	01392 272080	Phone / Facebook	Delivery min order £10 (no min order if elderly/vulnerable). Also collection.	Yes
Harvey & Brockless	Meat, fish, dairy			Exeter	Newton St Cyres		Website	3-5 day delivery service, min order £40. https://www.harveyandbrockless.co.uk/	
Hill Barton Vale Community Association	Food boxes (inc non-food items, eg shampoo)	FREE		Exeter			hillbartonvale@gmail.com	Contact by email, delivery by volunteers.	
Hillside Bakery	Flour & yeast			Exeter	Kenn	01392 833630	https://www.hillsidefoods.co.uk/product-category/flour-products/	Delivery by Parcelforce courier.	
Hook Fish & Chips	Fish & chips			Exeter	South Street	01392 757930		Open 5-9. Delivery via Deliveroo or Just Eat.	
How on Earth	Vegan meat substitutes			Exeter	South Street		info@howonearthvegan.com	Select products & delivery date on Facebook then email order 48 hours before delivery date. Delivery on selected days.	
J & R Food Service	Mixed (wholesaler)			Exeter	Clyst Honiton	01392 445510	Phone	Call to set up account. Delivery Next day. Orders over £50 for free delivery (otherwise £5 delivery cost). http://www.jrfoodservice.co.uk/	
K Bakes	Cakes			Exeter		07525 040737	Phone / Facebook		
Kids' Hub Coffee	Homemade Turkish food and pastries		YES	Exeter	Paris Street	07554 321995	Phone / Facebook	Deliveries between 6.30 & 7.30pm. Delivery free on orders ove £10 (otherwise £2).	
Knight's Farm Shop	Meats, preserves, hampers			Exeter	Ottery St Mary		info@knightsfarmshop.co.uk	Click & collect (form on website). Delivery for those self-isolating. Pay by card in-store or by BACS. https://www.knightsfarmshop.co.uk/shop	
Las Iguanas	Latin American food		YES	Exeter	Queen Street		Deliveroo for deliveries Website for Click & Collect	https://www.iguanas.co.uk/restaurants/exeter	
Lloyd Maunder	Butcher & deli			Exeter	Sidwell Street	01392 270187	Phone / Facebook	Minimum order £25. Deliver to EX1, EX2 and EX4. Also call and collect.	Yes
Moore's Pasties	Pasties			Exeter	Exmouth	01395 265448	Website	https://moorepasties.co.uk/product/home-delivery-items/	
Morrisons Doorstep Deliveries	Essentials for vulnerable & elderly			Exeter	Online	0345 611 6111	Phone	Call and select option 5. Payment by contactless card to delivery driver. Delivery within 24 hours.	
Morrisons Food Boxes	Meat/vegetarian/ready meals			Exeter	Online		Website	https://www.morrisons.com/food-boxes/	
Naturally Bread	Bread and cake boxes			Exeter	Pamela Road	0775 9771007	naturallybread@gmail.com	Delivery within 2 days. Payment by bank transfer or paypal. Email or message via Facebook. Prices from £15.	

Oakcroft Farm Produce	Meat boxes, pies & pasties			Exeter		01409 211 333	Phone or email rogers@oakcrofffarmpro duce.co.uk	Min order £25. Details on website or Facebook page. Payments taken by card or bank transfer before delivery.	
On The Waterfront	Pizza		YES	Exeter	The Quay	01392 210590.	Phone / website	https://www.waterfrontexeter.co.uk/	Yes
Panda Wok	Chinese food		YES	Exeter	Blackboy Road	07773 201111	Website / phone	Closed Mondays. https://pandawok-exeter.co.uk/	
Parrs Farm Country Store	Fruit/veg boxes			Exeter	Matford	01392 430750	Phone / Facebook	Occasional deliveries on set days. Next day collection.	Yes
Passion for Pie	Sweet & savour pies & cream teas			Exeter		07495 787779	Phone	Free contactless delivery weekly. Min order 4 savoury pies. Information on Facebook.	
Polly Nostimo's	Greek Takeaway		YES	Exeter		07894 979926.	Phone / email / Facebook	Delivery every Sat within 5 miles of Pinhoe. Email pollynostimos@gmail.com or message Facebook for weekly menu and mailing list.	
Powderham Farm Shop	Meat & veg boxes, essentials			Exeter	Powderham	01626 891883	Phone / email / website	Free delivery to EX1-EX8. Min order £30. sales@powderhamfarmshop.co.uk. https://www.powderhamfarmshop.co.uk/home/	Yes
Pullo	Wine, cider, cheese, coffee			Exeter	Paris Street	01392 757893	hello@pullo.shop	Exeter centre: same day delivery on orders before 4pm, outskirts (10 mile radius) within 2 days. https://www.pullo.shop/	
Quayside Food & Drink	Food boxes			Exeter		01392 670424	Phone / website / email	Deliveries Tue & Thur. info@quaysidefoodanddrink.co.uk https://www.quaysidefoodanddrink.co.uk/	
RD Johns	Mixed (wholesaler)			Exeter	Newton Abbot	01626 368800	Website	Set up account. Minimum order £50. Next day delivery (order before 7pm). https://www.rdjohns.co.uk/	Yes
Richards Florist	Fruit, veg, bread, flour, flowers			Exeter	Topsham	01392 873116	Phone / Email	Call for details. Free delivery within 7 miles of Topsham (otherwise £7.50) or collection. sales@richards-florist.co.uk	
Rod & Bens	Soups & dips			Exeter	Shillingford Abbot	01392 833016	Website	https://rodandbens.myshopify.com/	
Select Hampers South Devon	Fruit/veg/groceries			Exeter		07395 930794	Phone / Facebook / selecthampersouthdevon@gmail.com	Order before 5pm (or 10pm by email) for free next day delivery, include choice of hamper. Payment by BACS, card over phone or exact cash in envelope on delivery. Not open Sundays.	Yes
Sidwell Street Bakehouse	Bread, cakes, frozen meals			Exeter	Sidwell Street	01392 666222	https://openfoodnetwork.org.uk/the-sidwell-street-bakehouse/shop#/shop	Delivery to 2 mile radius of city centre. Free delivery on orders over £5.	
SJB Foods	Essentials boxes, frozen boxes			Exeter	Sidmouth	01395 568918	info@sjbfoods.com	Essentials box £30. Free delivery (within 2 days). Contact by phone, email or via Facebook.	Yes
Sound Seafood	Fish boxes, smoked fish			Exeter		07423 843548	Call / website / Facebook	Deliver to Exeter on Fridays. http://www.soundseafood.co.uk/ info@soundseafood.co.uk Pay online or contactless on delivery.	

St Petrocks	Free food takeaway	FREE		Exeter			https://stpetrocks.org.uk/menu-text-in-need-of-help/free-food-guide-in-exeter/	For the homeless or vulnerably housed. See link for times/locations.	
The Allotment Club	Tart/salad/cake meal			Exeter	Okehampton	07806 770926	Phone / text	Delivery £3. Order by midday Sunday for delivery Monday between 12 & 7pm. Payment by bank transfer or cash in an envelope or bag. Helps fund free food project for local keyworkers, elderly, self isolating.	
The Big Kebabski	Vegan kebabs		YES	Exeter			team@thebigkebabski.com	Free delivery over £16. Email order with name, address, phone number. Order before midday. Bank transfer or paypal. https://www.facebook.com/thebigkebabski/	
The Dog House	Street food, burgers, hot dogs		YES	Exeter		07860 216869	Phone / Facebook	Free delivery over £15. Open 4-8pm Thur, Fri, Sat.	
The Flat	Veggie/vegan pizzas		YES	Exeter	Fore Street		Just Eat	Friday, Saturday and Sunday 5pm - 9.15pm. Takeaway or delivery via Just Eat.	
The Meatbox Company	Meat			Exeter		01363 85905	Website	Order online. Delivery via DPD. https://themeatboxcompany.co.uk/	
The Salvation Army	Meals for the vulnerable and in need	FREE		Exeter	Lucky Lane	01392 274329	Phone	Hot meals on Saturday evening 7pm and Sunday lunchtime 1-2pm. Also food parcels for families & toys for children.	
The Thatched House	Meat, veg, essentials, meals			Exeter			https://www.mypubshop.com/index.php?dispatch=starstock_frontdoor.splash	Register first. Delivery to: Exwick, Foxhayes, St Thomas, Cowick, Alphington, Bonhay, St Davids and Cowley Bridge (call to discuss other areas). Order online 24 hours a day. 2% fee.	
The Tiny Marmalade	Jam, marmalade, honey			Exeter			http://www.thetinymarmalade.com/		
Total Produce Devon	Wholesaler			Exeter	Newton Abbot	01626 832848	devonsales@totalproduce.com	Minimum order £35. No delivery charge. Family hampers £55.	
Veg in a box	Food Boxes - Veg/Meat			Exeter		01392 877189 / 07951 786653	Website / phone	Free Delivery on orders over £25 (otherwise £5.99). Orders taken 8am -8pm. https://veg-inabox.com/	
West Country Dim Sum	Dumplings			Exeter			https://www.westcountrydimsum.com/	Order online at least a day before. Min order £15. Delivered frozen.	
West Country Home Deliveries	Fruit/Veg//Essentials /Household supplies			Exeter		07737 600424	Phone / website / email	Free delivery within 48 hrs. https://westcountryhomedeliveries.co.uk/info@westcountryhomedeliveries.co.uk	
West Town Farm	Meat boxes			Exeter	Ide	01392 811257	Website	EX1, EX2, EX3, EX4 and EX6. Limited delivery dates with 2 hour timeframe. https://www.westtownfarm.co.uk/shop	
Zero Exeter	Organic veg, wholefoods plus non-food items			Exeter	Fore Street		https://myzerolifestyle.co.uk/	Click & collect only. Tue/Thur/Sat 10-2. £15 min order.	
The Spanish Shop	Spanish products			Heavitree	Fore Street	07570 992009	thespanishshopexeter@gmail.com	Delivery service locally. Hot food takeaway (with 3 days notice) - menu on Facebook. https://www.thespanishshop.net/	Yes

St Katherine's Community Larder	Free food and essentials	FREE		Mincinglake & Whipton	St Katherine's Priory, St Katherine's Road		Facebook / email	Open Mon & Fri 10-12 for collection (delivery available for exceptional circumstances). Bring your own bag. No geographical restrictions. stkatherinescommunitylarder@gmail.com	
Dee Yi Chinese Take Away	Chinese Takeaway		YES	Newtown & St Leonards	Heavitree Road	01392 426600	Phone	Limited online presence so call to find out menu. Closed Tuesdays. Open 5.30-9pm. Min order for delivery £16.	Yes
Grocer on the Green	Fruit/Veg and Eggs			Newtown & St Leonards	Magdalen Rd	07926 717648	gogdeliveries@gmail.com	Shop shut but offering online deliveries. Delivery £1. Email: name, address, contact number, ideal delivery day, list of items & quantities.	
Saunders - Newtown Stores	Convenience store			Newtown & St Leonards	Clifton Road	01392 258086	saundersstoresns@gmail.com	Min order £10 + £5 delivery (within 3 miles) or pick and collect. Order by 12noon for next day delivery (by 2pm, via taxi). They will call the person in the morning to request payment. If the person collecting is different than to the person placing the order then they will need to be named by the person placing the order and take ID with them. No returns.	Yes
McColls Stoke Hill Convenience Stores	Groceries			Pennsylvania	Pinhoe Road	01392 426177	Phone		Yes
Premier - RMC Stores	Convenience store			Pennsylvania	Bridespring Road	01392 667812	Phone	7-11pm	
SPAR Pinhoe	General groceries			Pennsylvania	Pinhoe Rd	01392 662685	Phone	7am-9pm	
The Little Orange Cafe	Convenience store			Pinhoe	Pinhoe	01392 467193	Phone	Pinhoe deliveries 7-10pm. Home delivery & over the phone card payment for elderly, vulnerable & self isolating.	Yes
Seasons Health shop	Cafe food, home-cooked ready meals			St Davids	South Street	01392 278177	Phone (collections, ready meal deliveries) or Deliveroo/UberEats for deliveries	Deliver home-cooked specials (cash on delivery). Also call & collect. Open 6 days a week.	
West Country Family Butchers	Wholefoods, vegan			St James	Well Street	01392 201282	Phone	Call and collect plus deliveries to those who are unwell or self-isolating.	Yes
Gibsons Plaice	Fresh meat and poultry			St James	Sidwell Street	01392 270187	Phone	Deliveries on orders over £25 or collect.	
St Leonards Bakery	Fish			St Leonards	Magdalen Rd	01392 495344	Phone	Able to deliver in and around the City Centre. Delivery on Wed, Thurs and Friday. Orders by 2pm for next day delivery. £10 min order.	
Boatyard Bakery & Cafe	Bakery, pasties, essentials			St Leonards	Magdalen Road	01392 276113	Phone	Free next day delivery within walking distance. Menu on website. https://stleonardsbakery.com/menu	
Burrow Farm Shop	Bakery, eggs, honey, juice			St Thomas	Haven Rd	01392 279208	Website / phone	Click and Collect (9-2). Deliveries within 2 miles. https://www.boatyardbakery.co.uk/	Yes
Dominoes	Butcher			St Thomas	Cowick Street	01392 271066	Phone	Home delivery EX1-EX6. Order/pay over the phone.	Yes
	Pizza/takeaway	YES		St Thomas	St Thomas Centre		Website	Online only orders, delivery only, contactless, no collections. https://www.dominos.co.uk/exeter-st-thomas	

Exeter Fried Chicken Fish & Chips	Takeaway		YES	St Thomas	St Thomas Centre	01392 791538	Website / phone	https://exeterfriedchicken.co.uk/	Yes
Goa Spice Premier	Indian Takeaway		YES	St Thomas	Cowick Street	01392 435999	Website / phone	Free delivery within 3 miles on orders over £20. https://www.goaspicepremier.co.uk/	Yes
Healthfoods Unlimited	Whole foods			St Thomas	Cowick Street	01392 495258	healthfood-unlimited@hotmail.co.uk	Delivery Fridays for £2.99 (free over £50). Also collection. Order by 2pm for same day.	Yes
King Kebab	Turkish takeaway, pizzas, burgers		YES	St Thomas	Cowick Street	01392 277796	Website / phone	Collection or delivery. https://kingkebabexeter.com/menu.php	Yes
Lucky Phoenix	Chinese Takeaway		YES	St Thomas	Cowick Street	01392 211537			
Mr Choys	Chinese Takeaway		YES	St Thomas	Cowick Street	01392 927788	Website / phone	Can deliver to your car (if near by). Delivery £1 (minimum £10) to St Thomas, Exwick, St Davids & Alphington. https://mrchoy.co.uk/	Yes
Papa Johns	Pizza/takeaway		YES	St Thomas	Cowick Street	01392 432111	Deliveroo / Just Eat	https://www.papajohns.co.uk/	
Souvlaki & Gyros	Greek Takeaway		YES	St Thomas	St Thomas	01392 211310	Uber Eats, Deliveroo, Just Eat		
St Thomas Community Larder	Free food & essentials	FREE		St Thomas		01392 210146	stthomascommunitylarder@gmail.com	For families or individuals with little or no money. Must be referred by partner agency. Collection from St Thomas Methodist Church on Mon/Wed/Fri 10-12. Delivery in exceptional circumstances.	
St Thomas Food Fight	Free food takeaways & deliveries	FREE		St Thomas	Outside Natwest 11-1		stthomasfoodfight@gmail.com	For the homeless, elderly or for anyone struggling. Delivering free home cooked (vegetarian) meals in St Thomas.	
Good Game	Meat boxes & charcuterie			Topsham	Topsham	01392 346240	Website / phone	Free delivery to EX3, otherwise free over £45. https://www.good-game.co.uk/store/	
Arthur's Butchers	Meat, pasties, pizzas			Topsham	Topsham	01392 875481	Phone	No minimum order. Delivery to Topsham only.	Yes
Estuary Leage of Friends	Cooked meals		YES	Topsham, Countess Wear, St Loyes, Priory		01392 879009	Phone	Delivering hot meals (inc dessert) for £6, Mon-Fri. Call and order over the phone on Monday morning. Deliver to: Topsham, Countess Wear, Ebford, Exton, Digby, Wonford, The Rydons, Clyst St George, Cat & Fiddle and Clyst St Mary. Also offer volunteering opportunities, laundry, shopping, befriending calls.	
Marie-Joelle's Kitchen	Home cooked meals						mariejoellewest@gmail.com	Small meals are £3, large meals are £6 and puddings are £2. Payment by BACS. Collection or delivery. https://www.facebook.com/mariejoellewest	